# Martina Sestakova

# **Textile Designer \* Abstract Painter \* Art Educator**

### **CONNECT WITH ME**

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Textile designer with MFA in Fashion Design featured on Voice of America and at the Smithsonian American Art Museum in Washington, DC. Painter and art educator passionate about sharing love for creativity with individuals of all ages.

#### **EXPERIENCE**

### Textile Designer/Owner at RADOST, LLC

May 2016 - Present (Kensington, MD)

- Design, produce, and sew fashion and home decor textiles
- Execute collaborations, commissions, and custom orders

## **Art Educator/Abstract Watercolorist**

May 2016 - Present (Kensington, MD)

- Design and lead a variety of art workshops across a range of age groups and settings
- Create, showcase, and sell original work at art venues

### Strategist, Global Content at MMG

July 2007 - April 2016 (Rockville, MD)

- Supported teams with cross-cultural knowledge and effective healthcare communication strategies
- Ensured culturally-appropriate messaging to non-English speaking audiences

#### **SHOP MY DESIGNS AND ARTWORKS**

California	Iowa	Maryland	Virginia	Washington, D.C.
SHOP657 (San	National Czech &	Bonjour Books DC	Off the Grid	Smithsonian American
Francisco)	Slovak Museum &	(Kensington)	(Sperryville)	Art Museum
	Library (Cedar	Brentwood Arts Exchange	Studio K Collective	Shop Made in DC
	Rapids)	(Brentwood)	(Alexandria)	Paris Bleu
		OAK (Kensington)	The American	
		Red Orchard (Bethesda)	Horticultural	
		The Muse (Frederick)	Society	
			(Alexandria)	
			The Artisans	
			(McLean)	

# **TAKE MY ART WORKSHOPS**

Artivate (Silver Spring, MD)

Brooke Grove Rehab & Nursing Center (Olney, MD)

Charles E. Smith Life Communities (Rockville, MD)

Knollwood Military Retirement (Washington, DC)

The Muse (Frederick, MD)

VisArts (Rockville, MD)

Kensington Park Senior Living (Kensington, MD) Zoom (Online)

### **EDUCATION**

Academy of Arts University

MFA, Fashion Design

San Francisco, CA

University of Maryland
BA, Communication
College Park, MD

May 2017 May 2007

### **EXHIBITIONS CO-CURATED**

- "Carte Blanche" Adah Rose Gallery, Kensington, MD, 2020
- "Wesley Berg: The Infinity in the Intimate" Adah Rose Gallery, Kensington, MD, 2020
- "Charmed, I'm Sure" Adah Rose Gallery, Kensington, MD, 2019

## **AWARDS & GRANTS**

- Contest Winner #ArtHappensHere Mural/Banner Project AHCMC, Silver Spring, MD, 2021
- Maryland State Arts Council Emergency Grant, State of Maryland, 2020 and 2021
- Arts & Humanities COVID-19 Relief Fund, Montgomery County Government, 2020
- 3rd Place "Creative Expressions 2019", Chevy Chase, MD, 2019, Juror: Gaby Mizes of Glenstone Museum

### **AFFILIATIONS**

- Capitol Hill Art League, Washington, DC
- Ch/Art Chevy Chase Artists, Chevy Chase, MD
- Montgomery Art Association (Social Media Committee Chair), Kensington, MD
- Washington Water Color Association, Washington, DC
- Women's Caucus for Art of Greater Washington, DC

### **ONLINE ARTIST DIRECTORIES**

- Maryland State Arts Council
- Now Be Here

#### **SELECT FEATURES & EXHIBITIONS**

2021 (Sept)	Paint the Town Art Show	Paintings	Montgomery Art Association	Kensington, MD
2021 (Aug-Jan)	Cultivating Joy	Paintings	Nishan Halim DMD Dentistry	Washington, DC
2021 (Jul-Oct)	#ArtHappensHere	Banner	National Capital Trolley Museum	Silver Spring, MD
2021 (Jul-Aug)	Solo Show	Painting	Plaza Art	Bethesda, MD
2021 (Jun-Oct)	Abstracts	Painting	Arlington Dermatology	Arlington, VA
2021 (Jun/Aug)	Creative Expressions	Painting	Montgomery Art Association	Online
2021 (May)	Out of Order	Painting	Maryland Art Place	Online
2021 (Apr/May)	Fotographia	Photography	Emerge Gallery	Online on Artsy
2021 (Apr/May)	Our Stories, Our Journeys	Painting	Montgomery Art Association	Online
2021 (Apr)	Beauty is Everywhere	Paintings	Capitol Hill Art League	Greenbelt, MD
2021 (Apr/Jul)	Renew, Refresh, Revitalize	Paintings	Capitol Hill Art League	Washington, DC
2021 (Mar/Apr)	SHE DC	Paintings	Shop Made in DC	Washington, DC
2021 (Feb/Apr)	Light and Hope	Painting	Montgomery Art Association	Online
2021 (Mar)	12th Annual Abstracts Art Exhibition	Paintings	Light Space & Time Gallery	Online
2021 (Jan/Feb)	Faculty Show	Paintings	VisArts	Online
2021 (Jan/Mar)	Virtual Exhibition	Paintings	Hill Center Galleries & Capitol Hill Art League	Online
2021 (Dec/Jan)	Symbolism	Painting	Capitol Hill Art League at Frame of Mine Gallery	Washington, DC
2020 (Oct-Dec)	Women in the Arts	Paintings	Latela Curatorial	Online on Artsy

2020 (Nov-Dec)	Abstracts	Painting	Montgomery Art	Online
			Association	
2020 (Nov)	Self-Portrait	Painting	Ruby Projects	Fairfax, VA
2020 (Oct-Nov)	Portraits	Painting	Montgomery Art Association	Online
2020 (Oct-Nov)	Creative Distance	Paintings	Shop Made in DC	Online
2020 (Sept-Oct)	Life's Simple Pleasures	Painting	Washington Water Color Association	Online
2020 (Sep-Nov)	Orange Juiced	Painting	Emerge Gallery	Online on Artsy
2020 (Sep)	Making New Connections	Abstract painting, 3D sculpted painting	Capitol Hill Art League at Frame of Mine Gallery	Washington, DC
2020 (Aug-Sep)	Urban Landscapes	Painting	Montgomery Art Association	Online
2020 (Aug-Sep)	Isolation	Paintings	Emerge Gallery	Online on Artsy
2020 (Jul-Aug)	Carte blanche	3D sculpted painting	Adah Rose Gallery	Kensington, MD
2020 (Jul-Aug)	20th Anniversary: A Virtual Experience	Paintings	Artomatic	Online
2020 (Jul-Aug)	Natural Landscapes	Painting	Montgomery Art	Online
			Association	
2020 (Jul)	Art from the Heart	Paintings	Art Watch DC	By Mail
2020 (Jun-Jul)	Creative Expressions	Painting	Montgomery Art Association	Online
2020 (Jun)	World Central Kitchen Fundraiser	Painting	Adah Rose Gallery	Kensington, MD
2020 (May-Jun)	Our Stories	Painting	Montgomery Art Association	Online
2020 (May-Jun)	Mother, May I?	Painting	Art Works Gallery	Online
2020 (Apr-May)	Art at a Distance	Painting	Art Works Gallery	Online
2020 (Mar)	Stories in Fabrics and Paintings (solo)	Textiles, paintings	Davis Library	Bethesda, MD
2020 (Mar)	Colorful Explorations	Painting	Glenview Mansion	Rockville, MD
2020 (Feb-Mar)	Solo Show	Paintings	Java Nation	Kensington, MD
2020 (Feb)	Solo Show	Paintings	Simon Says Yoga	Bethesda, MD
2020 (Jan-Apr)	Montgomery Art Association Group Show	Painting	Oasis Art Gallery	Bethesda, MD
2020 (Jan-Feb)	Faculty Show	Painting	VisArts	Rockville, MD
2019-2020	True Blue Bliss	Sculpted paintings and abstract watercolors	Meeting House Gallery	Columbia, MD
2019-2020	Artworks of Kensington	Painting	Kensington Town Hall	Kensington, MD
2019 (Aug-Sept)	Paint the Town Art Show	Paintings	Montgomery Art Association Show	Kensington, MD
2019 (Aug)	Seasonal Visions	Paintings	Artists & Makers Studios	Rockville, MD
2019 (Jul-Aug)	It's a Wonderful World	3D sculpted painting	Friendship Heights Village Center	Chevy Chase, MD
2019 (Jun-Aug)	Charmed, I'm Sure	Painting	Adah Rose Gallery	Kensington, MD
2019 (June)	Creative Expressions	3D sculpted paintings (3rd place in abstracts)	Friendship Heights Village Center	Chevy Chase, MD
2019 (June)	Stories in Fabrics and Paintings (solo)	Textiles, paintings	Montgomery County Davis Library	Bethesda, MD
2019 (May)	Group Show	Paintings	Montgomery County Kensington Park Library	Kensington, MD
2019 (May-Aug)	Spring/Summer Art Show	3D sculpted paintings	OASIS Art Gallery	Bethesda, MD

2019 (Apr-May)	Into the World (with Jennifer Beaudet)	Photography, paintings	The Daily Dish	Silver Spring, MD
2019 (Jan-Apr)	Montgomery Art Association Show	Paintings	OASIS Art Gallery	Bethesda, MD
2018 (Nov)	One House	Collage, mixed media	Art Watch DC at the BlackRock Center for the Arts	Germantown, MD
2018 (Oct)	Stories in Fabrics and Paintings (solo)	Textiles, paintings	Montgomery County Davis Library	Bethesda, MD
2018 (Oct-Jul 2019)	Visual Insights into Life's Beauty (solo)	Paintings	Plaza Artist	Bethesda, MD
2018 (Jun-Jul)	International Marketplace	Textiles	Smithsonian Folklife Festival	Washington, DC
2018 (Jun)	Ebb & Flow	Photography	505 North Gallery & Studio	Frederick, MD
2018 (Mar)	Rust Is an Artist (solo)	Photography	The Muse	Frederick, MD
2018 (Mar/Apr)	Student Exhibition	Painting	VisArts	Rockville, MD
2018 (Jan)	Stories in Fabrics and Paintings (solo)	Textiles, paintings	Montgomery County Kensington Park Library	Kensington, MD
2017 (Nov)	One House	Collage, mixed media	Art Watch DC at Touchstone Gallery	Washington, DC
2017-2018	Artist Library	Textiles	Strathmore Mansion	Rockville, MD
2017 (Jul)	1460 Wallmountables	Photography	DC Arts Center	Washington, DC